



Snack Shack

2020
TERM 3

ALL ORDERS MUST BE RECEIVED BY 9am

Note on Allergies:

Parents are responsible for informing the canteen of any food allergies with EACH order.

Volunteers are always needed and welcome!

Contact Canteen Manager Marika Glover on 0403 943 246 or at aubingrovecanteen@gmail.com.

DRINKS - Available preorder & over the counter

● Water		\$1.00
● Brownes Milk 300ml	Plain	\$1.50
● Brownes Milk 300ml	Flavoured	\$2.50
● Fruit Juice 250ml	Apple or Tropical	\$2.00
● Milo (Warm)		\$2.00
● Banana Smoothie		\$2.00

RECESS & LUNCH - Available preorder & over the counter

● Popcorn	Air popped	\$0.50
● Pikelets	2 per serve	\$1.00
● Raspberry & Pear Cake		\$1.50
● Seasonal Fruit		\$1.00
● Banana Bread mini Loaf		\$2.00
● Yoghurt Pouch 125g	Strawberry or Vanilla	\$2.00
● Nibble Bag	Dried fruit, cereal, pretzels	\$1.00
● Bliss Ball	Various flavous weekly	\$0.50
● Cheese & Crackers		\$1.00
● Vege Stick Bag	Carrot, cucumber, tomato	\$1.00

RECESS & LUNCH - PREORDER ONLY

● Cheesie	1/2 English Muffin Optional Tom Sce	\$1.00
	Add Ham or Fresh Tomato	\$0.25
● Apple Slinky		\$1.00
● Fresh Fruit Salad Cup		\$2.50
● Mini Cheesymite Scroll (preservative 220)		\$1.50
● Cheesymite Scroll & Smoothie Combo		\$3.00
● Raspberry/Pear Cake & Warm Milo		\$3.00

HOW TO ORDER:

A) Place your order online at www.flexischools.com.au

OR

B) Complete a lunch bag (separate bag for recess and lunch) & include correct payment where possible (any change will be placed in the child's lunch bag). Then place order in the purple letter box next to the canteen window.

LUNCH (Monday - Friday)

SANDWICHES	Wholemeal, or Hi Fibre Bread	
● Vegemite		\$2.50
● Ham, Cheese, Tuna or Egg		\$3.00
● Salad		\$3.00
● Chicken		\$3.50
● Curried Egg	(Includes Mayo)	

SANDWICHES Extras (each)

● Toasted		\$0.50
● Gluten Free Bread		\$1.00
● Add Salad	(Includes Carrot, Cucumber, Lettuce, Tomato)	\$1.00
● Cheese or Egg		\$0.50
● Carrot, Cucumber, Lettuce, Tomato or Mayo		\$0.25
● ROLL		\$0.50
● WRAP		\$1.00
● SALAD BOWL		\$5.50

	Lettuce, Tomato, Carrot, Cucumber, Whole Egg, Cheese, 2 x Bread slices	
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SALAD BOWL Extras (each)

● Chicken, Ham or Tuna		\$1.00
● Italian Dressing		\$0.25
● Mayo		\$0.25

WINTER PACK LUNCH

	Ham & Cheese Toasted S/W, Popcorn & Seasonal Fruit	\$5.00
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EXTRAS

● BBQ or Tomato Sauce		\$0.25
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Monday (CLOSED)

Lunch Specials (Tuesday)

● Fried Rice GF, Vegetarian & Egg Free		\$3.50
	Add 2 Vege Spring Rolls (Not GF)	\$0.50
● Cheese Burger	Beef & Vege Pattie, Cheese & Sauce	\$5.00
● Bento Box	Incl Cold Meat, Cheese & Crakers &	\$6.00

*Dependent on stock: *Corn Cob or Vege Sticks &

* Lamington or Bliss Ball

Lunch Specials (Wednesday)

● Cottage Pie	With Mash Potato & Cheese	\$5.50
● Sausage Roll		\$4.00
	Add Sauce (Tom or BBQ)	\$0.25
● Nacho's (GF)	Corn Chips, Salsa & Cheese	\$3.75
	Add Sour cream	\$0.25

Lunch Specials (Thursday)

● Macaroni & Cheese		\$3.50
● Pizza Slice	On Foccacia Bread	\$4.00
	Chicken & Cheese, Ham Cheese & Pineapple, Margarita, Ham & Cheese, or Very Vegetarian	

● Gluten Free Pizza (GF Wrap Base) Excl Very V \$4.00

● Hot Chicken Roll incl Mayo \$4.50

Lunch Specials (Friday)

● Hot Dog (with sauce)		\$3.50
● Butter Chicken	with rice	\$6.00
● SUSHI	(Outsourced) 5 Pieces	\$5.00
	Teriyaki chicken	
	Cucumber & Carrot	
	Tuna & Avocado	
	Add Soy Sauce	\$0.25