

2021

TERM 1

ALL ORDERS MUST BE RECEIVED BY 9am

Note on Allergies: Parents are responsible for informing the canteen of any food allergies with EACH order.

Volunteers are always needed and welcome! Contact Canteen Manager Marika Glover on 0403 943 246 or at aubingrovecanteen@gmail.com.

DRINKS - Available preorder & over the counter \$1.00 S Brownes Milk 300m/ Plain \$1.50 Brownes Milk 300ml Flavoured \$2.50 • Fruit Juice 250ml \$2.00 Apple or Tropical Milo (cold or warm) \$2.00 Banana Smoothie \$2.00 S RECESS & LUNCH - Available preorder & over the counter Popcorn \$0.50 Air popped • Pikelets 2 per serve \$1.00 **Raspberry & Pear Cake** \$1.50 Seasonal Fruit \$1.00 Banana Bread mini Loaf \$2.00 Yoghurt Pouch 125g Strawberry or Vanilla \$2.00 Nibble Bag \$1.50 Dried fruit, cereal, pretzels • Yoghurt Bark \$1.00 S Frozen yogurt with berries • Cheese & Crackers \$1.50 • Vege Stick Bag Carrot, cucumber, tomato \$1.50 Lamington \$0.50 S **RECESS & LUNCH** - PREORDER ONLY Cheesie 1/2 English Muffin Optional Tom Sce \$1.00 Add Ham or Fresh Tomato \$0.25 • Apple Slinky \$1.50 S Fresh Fruit Salad Cup \$3.00 Mini Cheesymite Scroll (preservative 220) \$1.50 E • Cheesymite Scroll & Banana Smoothie Combo \$3.00

LONCH (Monday - Friday)
SANDWICHES Wholemeal, or White Bread
Vegemite
Ham, Cheese, Tuna or Egg
Salad
Chicken
SANDWICHES Extras (each)
Toasted
Gluten Free Bread
Add Salad (Includes Carrot, Cucumber, Lettuce, Tomato)
Cheese or Egg
Carrot, Cucumber, Lettuce, Tomato or Mayo
ROLL
WRAP
SALAD BOWL
Lettuce, Tomato, Carrot, Cucumber, Whole Egg,
Cheese, 2 x Bread slices
SALAD BOWL Extras (each)
Chicken, Ham or Tuna
Italian Dressing
Мауо
SUMMER LUNCH PACK
Ham & Cheese Toasted S/W, Cold Milo & Popcorn
EXTRAS
BBQ or Tomato Sauce

Monday (CLOSED)

\$2.50		Lunch Specials	(Tuesday)		
\$3.00	\bullet	SUSHI (GF) incl	(Outsourced)	5 Pieces	\$5.50
\$3.00			Teriyaki Chicken OR C	Cucumber & Carrot	
\$3.50			OR Tuna & Avacado		
	\bullet	Cheese Burger	Beef & Vege Pattie, C	heese & Sauce	\$5.00
\$0.50	\bullet	Bento Box	Incl Cold Meat, Chicke	en Strip&	\$6.00
\$1.00	*Dependent on stock: *Corn or Vege Sticks &				
\$1.00	* Cheese & Cracker & Lamington				
\$0.50		Lunch Specials	(Wednesday)		
\$0.25	\bullet	Chick Strip Wra	ap incl cheese,tomato	, lettuce, mayo	\$6.00
\$0.50	\bullet	Sausage Roll			\$4.00
\$1.00			Add Sauce (Tom o	r BBQ)	\$0.25
	\bullet	Nacho's (GF)	Corn Chips, Salsa & Cl	heese	\$4.00
\$6.00			Add Sour cream		\$0.50
		Lunch Specials	s (Thursday)		-
	•	Lunch Specials Macaroni & Ch			\$4.00
	•	-	eese		\$4.00
\$1.00	•	Macaroni & Ch Pizza Slice On Fo Chicken & Cheese O	i eese occacia Bread I R Ham Cheese & Pinea	apple OR Ham	\$4.00 \$4.50
\$1.00 \$0.25	•	Macaroni & Ch Pizza Slice On Fo	i eese occacia Bread I R Ham Cheese & Pinea	apple OR Ham	
	•	Macaroni & Ch Pizza Slice On Fo Chicken & Cheese O	i eese occacia Bread I R Ham Cheese & Pinea	apple OR Ham	
\$0.25	•	Macaroni & Ch Pizza Slice On Fo Chicken & Cheese O & Cheese OR Very V Marargita	i eese occacia Bread I R Ham Cheese & Pinea		\$4.50
\$0.25 \$0.25	•	Macaroni & Ch Pizza Slice On Fo Chicken & Cheese O & Cheese OR Very V Marargita	I CESE occacia Bread I R Ham Cheese & Pinea egetarian	se)	\$4.50 \$4.00
\$0.25 \$0.25	•	Macaroni & Ch Pizza Slice On Fo Chicken & Cheese O & Cheese OR Very V Marargita Gluten Free Piz	ieese occacia Bread IR Ham Cheese & Pinea 'egetarian 2za (GF bread Bas 2x mini pies, seasonal	se)	\$4.50 \$4.00 \$4.50
\$0.25 \$0.25	•	Macaroni & Ch Pizza Slice On Fo Chicken & Cheese O & Cheese OR Very V Marargita Gluten Free Piz Pie Pack	eeese occacia Bread R Ham Cheese & Pinea egetarian zza (GF bread Bas 2x mini pies, seasonal (Friday)	se)	\$4.50 \$4.00 \$4.50
\$0.25 \$0.25 \$5.50	•	Macaroni & Ch Pizza Slice On Fo Chicken & Cheese O & Cheese OR Very V Marargita Gluten Free Piz Pie Pack Lunch Specials	Ieese occacia Bread IR Ham Cheese & Pinea Pegetarian International Inter	se)	\$4.50 \$4.00 \$4.50 \$7.00
\$0.25 \$0.25 \$5.50	•	Macaroni & Ch Pizza Slice On Fo Chicken & Cheese O & Cheese OR Very V Marargita Gluten Free Piz Pie Pack Lunch Specials Hot Dog (with sa	ieese boccacia Bread IR Ham Cheese & Pinea 'egetarian 2 za (GF bread Bas 2x mini pies, seasonal (Friday) uce) 5 add cheese .25c	se)	\$4.50 \$4.00 \$4.50 \$7.00 \$3.50
\$0.25 \$0.25 \$5.50	•	Macaroni & Ch Pizza Slice On Fo Chicken & Cheese O & Cheese OR Very V Marargita Gluten Free Piz Pie Pack Lunch Specials Hot Dog (with sa Pasta Bolognes	ieese boccacia Bread IR Ham Cheese & Pinea 'egetarian 2 za (GF bread Bas 2x mini pies, seasonal (Friday) uce) 5 add cheese .25c	i e) I fruit, lamington 5 Pieces	\$4.50 \$4.00 \$4.50 \$7.00 \$3.50 \$5.00

A) Place your order online at www.flexischools.com.au

Raspberry/Pear Cake & Milo

OR

HOW TO ORDER:

Water

B) Complete a lunch bag (separate bag for recess and lunch) & include correct payment where possible (any change will be placed in the child's lunch bag). Then place order in the purple letter box next to the canteen window.

\$3.00